

Family Activity Guide

**FALL
2016**

Register
for **YOUTH
BASKETBALL**
early!

*See Page 9
for details.*



Fitness...  **Page 13**



Aquatics...  **Page 18**

Senior
Activities...  **Page 22**

**Fall 2016 Activity Guide City of Enumclaw
Parks, Recreation, and Cultural Services - (360) 825-3594**

The staff of Enumclaw Parks, Recreation, and Cultural Services is pleased to offer a full slate of activities and services to enhance your Fall season. We firmly believe that the quality of life in our community is improved through recreational opportunities that allow us to play together. Please take a minute to review all that we have to offer, and let us know how we are doing. We appreciate your comments and suggestions. As you participate in these Fall activities, please remember that the benefits of Parks, Recreation, and Cultural Services are endless!

The City of Enumclaw Parks, Recreation, and Cultural Services Department is committed to compliance with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. Enumclaw Parks, Recreation, and Cultural Services provides reasonable accommodations for individuals with disabilities. Contact the Recreation Manager two weeks in advance of a program to discuss special accommodations. If you have any questions or concerns regarding ADA or accommodations, contact the Parks, Recreation, and Cultural Services Department at (360) 825-3594.

Registration Information

Enumclaw Parks, Recreation, and Cultural Services Department accepts MasterCard and Visa credit card payments for programs, classes, sports leagues, performances, and special events! You can take advantage of this when registering by phone, in person, or on the internet.

By Phone: (360) 825-3594
Monday through Friday, 9:00 am - 1:00 pm
By Mail: .Checks and money orders only
See form on page 31.

In Person: Stevenson-Yerxa
1309 Myrtle Avenue, 9:00 am - 1:00 pm M-F
By Internet: www.cityofenumclaw.net

Registration received less than 24 hours before program start will receive a \$10 late fee.

**Enumclaw Parks, Recreation,
and Cultural Services Staff**

- Branden Herrell, Operations Manager,**
bherrell@ci.enumclaw.wa.us
- Michelle Larson, Recreation Manager,**
mlarson@ci.enumclaw.wa.us
- Gary LaTurner, Cultural Programs Manager,**
glaturner@ci.enumclaw.wa.us
- Kristin Munnell, Aquatics Supervisor,**
kmunnell@ci.enumclaw.wa.us
- Anita Koch, Department Secretary,**
akoch@ci.enumclaw.wa.us

Holiday Closures

- Monday, September 5, Labor Day
- Friday, November 11, Veteran’s Day
- Thursday, November 24, Thanksgiving and Friday November 25,
- Monday, December 26 to observe Christmas

City of Enumclaw Services

Emergency/Fire/Police.	911
Administration	825-3591
City Shops	825-5541
Cultural Programs	802-0239
Cemetery	825-2633
Community/Senior Center	825-4741
Enumclaw City Television	802-0237
Enumclaw Expo Center.	615-5631
Fire Dept. (non-emergency)	825-5544
Golf Course	825-2827
Library	825-2045
Municipal Court	825-7771
Police (non-emergency)	825-3505
Aquatic Center.	825-1188
Public Works	825-3593
Utilities/Billing/Accounting	825-3591

Physical Address

Stevenson-Yerxa
1309 Myrtle Avenue, Enumclaw,
WA 98022
Phone: (360) 825-3594

Mailing Address

Stevenson-Yerxa,
1309 Myrtle Avenue
Enumclaw, WA 98022

Office Hours

Register by phone or in person from 9:00 am - 1:00 pm OR online anytime at www.cityofenumclaw.net

Call (360) 825-3594 for more information.

Enumclaw Park Board

- Kim Sales, Chair
- Tom Hassenauer
- Sara Stratton • David Loney
- Meg Schrag • Kim Sales
- Kevin Zahourek

Meetings are at 5:00 pm the second Wednesday of every month at the Enumclaw City Hall and are open to the public.

Enumclaw Arts Commission

- Samantha Rheinford, Chair
- Elaine Lynest • Janet Berthon
- Patricia Doyle • Anne Crandall
- Rhonda Boyd • Dan Devries

Meetings are open to the public at 7:00 pm the first Wednesday of each month at Enumclaw City Hall. Images for exhibition are selected by the Enumclaw Arts Commission members from a Seattle area call to artists issued in October each year.

Two Great Ways to Stay Informed

Are you interested in finding out what’s happening in the City of Enumclaw? Visit the City of Enumclaw website at: www.cityofenumclaw.net to learn about City departments, services, and programs.

Watch **Enumclaw City Television-Channel 21** to see City meetings or listings of current events on the community calendar. If you would like an event listed in the ECTV Community Calendar or to be on ECTV’s mailing list please call (360) 802-0237.

Mayor

- Liz Reynolds

City Administrator

- Chris Searcy

Enumclaw City Council

- Chance Lefleur
- Morgan Irwin
- Mike Sando
- Hoke Overland
- Juanita Carstens
- Kimberly Lauk
- Jan Molinaro

Community Numbers

Auburn Public Health Center . . .	253-833-8352
Cascade Foothills Soccer Club. . .	825-6434
Chamber of Commerce.	825-7666
Chinook Little League.	825-8068
City of Enumclaw Golf Course . .	825-2827
City of Enumclaw Aquatic Center .	825-1188
City of Enumclaw Expo Center . .	615-5631
Enumclaw School District Office .	802-7100
Enumclaw City TV	802-0237
Enumclaw Senior Activity Center .	825-4741
Enumclaw Youth Clubhouse. . . .	825-2820
Kid’s B.A.S.E.	825-8335
Mt. Rainier Baseball	888-643-MRBA
Mount Rainier Sports & Fitness. .	802-6544
Mud Mountain Dam.	825-3211
Nolte State Park.	825-4646
Palmer-Kanasket State Park	886-0148
Plateau Outreach Ministries	825-8961
White River Ranger District.	825-6585
Wolverine Youth Football	802-6411
Youth & Family Resource Center.	825-4586

Seeking Board and Commission Members

Looking for a way to serve your community in 2016? The City of Enumclaw is seeking new members to serve on its Boards and Commissions. Requirement is one year residency in the Enumclaw School District (excluding the City of Black Diamond boundaries). These are volunteer positions.

Please call Maureen Burwell, City Clerk, at (360) 802-0226 or email mburwell@ci.enumclaw.wa.us for more information and an application form, or stop by City Hall, 1339 Griffin Avenue. Get Involved!

Program Sites

Boise Creek Park (Six-Plex)
1300 469th Street

Dwight Garrett Park
2222 Porter Street

Enumclaw Aquatic Center
420 Semanski

Enumclaw Community/Senior Center
1350 Cole Street

Enumclaw Expo Center
45224 284th Avenue SE

Enumclaw High School
226 Semanski

Enumclaw Middle School
550 Semanski

Enumclaw Public Library
1700 First Street

Enumclaw Fitness Center
856 Cole Street

JJ Smith Elementary
1640 Fell Street

Kibler Elementary
2057 Kibler Avenue

MacFarland Park
1401 Chinook Avenue

Southwood Elementary
3240 McDougall Avenue

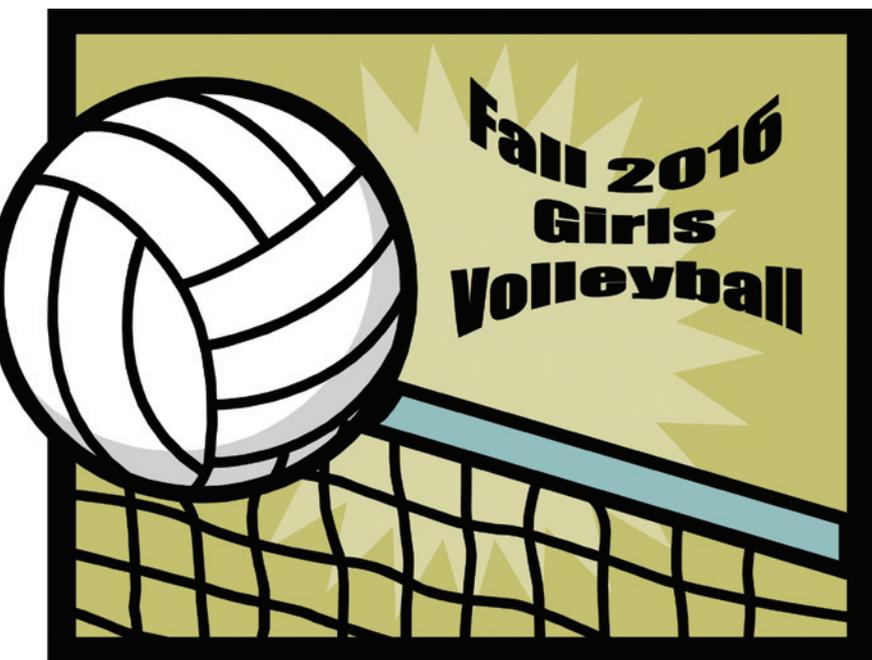
Sunrise Elementary
899 Osceola Street

Tae Kwon Do Connection
1512 Cole Street

Thunder Mountain Middle School
42018 264th Avenue SE

Martin Johnson Park
3050 Harding Street





**Enumclaw Parks & Recreation & White River CAPS
Girls Volleyball Grades 3rd-4th / 5th-6th**

Join us for this combo league with White River. Practices will begin in late September and matches will be played in October on Saturdays followed by a 2 game guarantee tournament on Saturday, November 19th. **VOLUNTEER COACHES NEEDED!**

www.cityofenumclaw.net (360) 825-3594

Distribution of this flyer is provided as a public service only. The Enumclaw School District does not sponsor or endorse this activity.

- Games will be played at WRESC
- Fee: \$60 (Includes t-shirt & tournament)
- REGISTER BY September 16th, 2016

Ukulele for Kids

Join instructor Karin Bennett to learn to strum the ukulele and basic chords used in most songs. A performance will be held on the last day of class for friends and family.

Wednesday | 10/12-11/16 | Location: TBA | 6:15pm-7pm | Ages 6-10

Ukulele for older kids & Adults

Instructor Karin Bennett will work with the students to learn the most commonly used chords and several strumming and picking patterns. Students will also learn how to tune their instrument. All these new skills will be used in learning a fun tune.

Wednesday | 10/12-11/16 | Location: TBA | 7pm-7:45pm
Ages 11-Adult



Enumclaw Yellow Jackets are a part of the Pierce County Junior Wrestling League.

Yellow Jacket Junior Wrestling is designed to provide young wrestlers with the opportunity to learn skills, gain experience and mental understanding necessary for effective participation in a wrestling program. Registration and pre-season camp information will be available in early September.

2016-2017 season begins the third week in October.

Visit enumclawyellowjackets.org or call Rene' Popke at 253-405-7179 for more information.



DANCE IT UP

Hip Hop
/Jazz



YOUTH PROGRAMS AND SPORTS

9/12/16 – 6/15/17

After School Crew held in your school gym

3:30-4:45pm

\$45/mo

Grades K-5th

Kibler, Southwood, Sunrise, Westwood

Preschool Classes

Mondays 1-1:30pm

Yoga Culture

\$30/mo

Tuesdays 6-6:30pm

Enumclaw Senior Center

\$30/mo

Hyper Crew (Grades 3-5)

Tuesdays 6:30-7:30pm

Enumclaw Senior Center

\$45/mo

Middle Ground (Middle School)

Tuesdays 7:45-8:45pm

Enumclaw Senior Center

\$45/mo

For more information:

Aimee Herrell

(509) 833-1915

Aimee.herrell@gmail.com

Register Online

www.cityofenumclaw.net

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Tiny Tigers Tae Kwon Do

This tiny focused class is full of energetic games that help keep kids focused and also promote listening and following directions, participating in group activities, coordination and balance, confidence and self control. Basic stances and kicks are presented with appropriate use stressed.

Wear loose comfortable clothing and bring a water bottle. Please enter through the rear entrance. This 4 week class is \$44 and includes a T-Shirt and Tiger stripe patch. Please park in back and use the rear entrance.

9/6 – 9/27 | T | 5:00 – 5:45 pm
 10/4 – 10/25 | T | 5:00 – 5:45 pm
 11/1 – 11/29 | T | 5:00 – 5:45 pm
 12/6 – 12/20 | T | 5:00 – 5:45 pm
 Tae Kwon Do Connection
 1512 Cole Street (next to Oh Baby)
 \$44.00 1st child, \$33.00 sibling
 TKDC Staff. Ages 4 -5

Beginning Tae Kwon Do

Learn basic stances, punches and kicks. Appropriate use of new skills is stressed. This kid focused class is full of energetic drills that build strength, coordination, balance and flexibility. Discipline, respect, self-esteem and physical abilities are developed with patience and time.

This 4 week class is two days per week and \$66.00, T-shirt included. Wear loose, comfortable clothing and bring a water bottle. Uniforms are optional.

New beginners should arrive 15 minutes early to their first class for a short introduction. Please park in back and use the rear entrance.

9/7 – 9/28 | M & W | 6:05 pm - 6:55 pm
 10/3 – 10/26 | M & W | 6:05 pm - 6:55 pm
 11/2 – 11/30 | M & W | 6:05 pm - 6:55 pm
 12/5 – 12/19 | M & W | 6:05 pm - 6:55 pm
 Tae Kwon Do Connection
 1512 Cole Street (next to Oh Baby)
 \$66 1st child, \$44 sibling
 TKDC Staff. Ages 6 and up.

Judo

Judo develops mind, body, and character and offers something for everyone. Using principles of movement and balance, this popular martial art teaches how to utilize your opponent's force to your own advantage. By relying on skill and timing rather than sheer strength, Judo is ideal for all ages and abilities. Ki Haku Judo Club meets every Monday and Wednesday, 6:30 pm to 8:00 pm in the Enumclaw High School wrestling room. Fee is \$42/\$53. Ages 5-Adult.

9/7-10/26 | M & W | 6:30 pm - 8:00 pm | EHS
 10/31-12/14 | M & W | 6:30 pm - 8:00 pm | EHS



Youth Basketball

Register now for Enumclaw Parks and Recreation basketball. This is a great league for boys and girls in Kindergarten through 5th grade. Participants are placed on teams based upon which school they attend. Please see youth sports registration policy for information regarding special requests. The registration deadline is Wednesday, 11/16/16. Practices will begin in late December, and games will begin in January. Flyers with more information and fees will be delivered to the schools in September. Those registering late will be placed on a waiting list until teams have been formed, then they will be placed on teams with available spaces. If you are not satisfied with your team placement, you may withdraw and you will be issued a refund, less a \$5 processing fee.

Special team/friend/coach placement requests will NOT be allowed.

- Registration forms sent via mail must be complete and include appropriate fees. Incomplete forms will be returned.
- After teams have been formed, roster changes can be made only if space is available and will be charged a fee of \$15.
- Roster changes, if possible, must be made within 2 weeks of the coaches meeting.

FEES:

Before November 16th

Residents \$54/Non-Residents \$64.

After November 16th

Residents \$64/Non-Residents \$74

SPACE IS LIMITED! REGISTER EARLY!



Kidz Love Soccer

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game!" As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. (Minimum/Maximum Class Size: 5 min - 20 max.) Ages 2-3 ½.

9/16 – 11/4 | F | 3:00 – 3:30pm
Martin Johnson Park | \$89

Tot/Pre-Soccer

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by the second class. (Minimum/Maximum Class Size: 5 min - 36 max.) Ages 3 ½-5.

9/16 – 11/4 | F | 3:40 – 4:15pm
Martin Johnson Park | \$89

Soccer 1

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required by the second class. (Minimum/Maximum Class Size: 5 min - 36 max.) Ages 5-6.
9/16 – 11/4 | F | 4:15 – 5:00 pm
Martin Johnson Park | \$89

Soccer 2 - Skillz & Scrimmages

Enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include soccer scrimmages that emphasize application of finer technical points. All levels of play are encouraged to come out and enjoy the soccer fun! **Shin guards are required by the second class.** (Minimum/Maximum Class Size: 5 min - 36 max.) Ages 7-10.
9/16 – 10/21 | F | 5:00 – 5:45 pm
Martin Johnson Park | \$69

All participants will receive a Kidz Love Soccer jersey!
In case of inclement weather, call the KLS Hotline at 1-888-372-5803.



Men's Call-Your-Own 5x5 Basketball

A league designed as a 5x5, call-your-own format, with no officials. Games are two, 20-minute halves running time. Stop clock will be used during the last two minutes of each half. Each player must have a number on his shirt. A 10-game schedule is \$148. (Includes tax). Ages 18-Adult.

9/21 – 12/14 | W | 6pm-10pm | TMMS |
Registration Deadline is 9/14.



Women's Volleyball Leagues

Pass, Set, and Hit your way to a great time. Each league is open to 8 teams and filled on a first come, first served basis. Association referees will be used. Games will be double-header format. A 16 match schedule is \$380 (Includes tax)

Women's | 9/26-11/21 | M | 6:00-9:30pm
EMS | Register by 9/14





PARTY YOURSELF INTO SHAPE

Feel the music and let loose.

TUES & THURS @ 6:30pm
Enumclaw Field House

1st Class
FREE

Visit www.FITNESSFORGED.org for more information.

PILATES & SENIORS FOREVER YOUNG & FIT

With Instructor: **Stephanie Sackett - Converse**, *Certified Pilates, Personal Trainer, Seniors / Silver Sneakers, Lifestyle Fitness Coach Associates Degree in Social & Human Services*

SENIORS FOREVER YOUNG & FIT:

This coed seniors class is designed for active individuals blending gentle Pilates movements, free weights, resistance bands, stability balls, balance work, and cardio. (Class can be done from a stability ball or chair). This is an excellent workout targeting all muscle groups for increased balance, flexibility, stretching, and strength. Increase fitness while having fun! Appropriate for all levels; low intensity, modifications offered.

TUESDAYS & THURSDAYS

10:45AM-11:45AM

PETE'S POOL FIELDHOUSE

PILATES MAT & BALL:

Pilates emphasizes active breathing through flowing movements for the elongation of muscles. By using core muscles (abdominals, back, and buttocks for spinal stabilization), you can improve posture, you will increase strength, flexibility, balance, and toning. Feel the difference in 10 sessions; see it in 20! Appropriate for all levels; modifications offered for higher intensity; coed class.

MONDAYS & WEDNESDAYS

6:30PM-7:30PM

PETE'S POOL FIELDHOUSE

TUESDAYS & THURSDAYS

9:30AM-10:30AM

PETE'S POOL FIELDHOUSE

\$50.00 payment in advance for two months

\$30.00 payment in advance for one month

(Own equipment needed-speak with instructor for details).



Registration options:

In Person: 1309 Myrtle Avenue

By Phone: (360) 825-3594

Online: www.cityofenumclaw.net

Add a second class to your program for \$20.00!

\$5 drop-in

\$10 fee added if registered after the last day of the month

Special Populations

Unified Bowling

All ages 8 through 99

For athletes with and without a disability

Practice Dates:

- Sept. 16, 23, 30
- Oct. 7, 14, 21, 28
- Nov. 4

Practice Times: Friday, 3:30 to 5:00

Location: Daffodil Bowl in Puyallup

Tournament: Nov. 6th

@ Secoma Lanes in Federal Way

Registration Fee: \$40

includes bowling, shoes & party

T shirts: \$15

Transportation to practice \$20 for

all 8 weeks for athletes 18 and over.

Families must supply transportation and

supervision for anyone under 18 years old.

Transportation to Tournament not included.

Come and cheer on your athletes!

Register by contacting:

enumclawspecialolympics@yahoo.com

or calling 253-334-4190

Daytime Bowling

Dates:

- Sept 13th , 20, 27
- Oct 4, 11, 18, 25
- Nov. 1, 8, 15

Time: Leave the Enumclaw Library

@ 12:45. Return at 3:30

Cost includes transportation,

2 games of bowling, shoes & chaperone.

Ages: Adults 18 and above

Bring snacks and or lunch.

Sept. \$45, Oct. \$60, Nov. \$45

Register online through the Enumclaw Parks

Dept. by the 1st of each month. Minimum

of 5 must be registered for daytime bowling.

Square Dancing

Register for square dancing and transportation online at the Enumclaw Parks Dept. by Sept. 1st

Dates: Thursday nights.

Dates to be announced on Enumclaw Parks Online

Cost: \$25 for 3 months of square dancing.

\$7 for transportation per week.

Registration at the end of Aug.

Time: Leave the Enumclaw Library at 6:00.

Arrive back in Enumclaw at 8:30

Location: Auburn Parks Dept.

Ages: 16 and over

Register online through the

Enumclaw Parks Dept.

Family Contra Dance

Date: Saturday, Sept. 10th

Time, Location and Tickets available by

contacting enumclawspecialolympics@yahoo.com

All ages welcome!!

Specialized Music Class

Come join us 10 fun fill weeks of percussion, rhythm and singing.

All ages welcome.

Dates & Cost: Tuesday Nights

- Sept. 20, \$13
- Oct. 11, 18, 25, \$52
- Nov. 1, 8, 15, 29 \$39
- Dec. 6, 13 and Performance, \$39

Performance date to be announced

Time: 6 to 7 pm

Location: TBA

Cost: Payable by the month.

Register: Online with

Enumclaw Parks Dept.

Specialized Art Class

Linda Kittleson teaches many forms of art including painting, paper crafts and clay.

Dates & Cost: Wednesday Nights

- Sept. 14,21,28 \$45
- Oct. 5,12,19,26 \$60
- Nov. 2,9,16,30 \$60
- Dec. 7, 14 \$30

Time: 6 to 7

All ages welcome

Location: Enumclaw - Linda's Art Studio
Register online at Enumclaw Parks Dept.

BUNCO Fundraiser and Auction

Date: Saturday, Oct. 15th

Time: 6:30 pm

Place: TBA - check the ESR web page for more info.

Cost: \$10 donation at the door, auction table and snacks

Special Olympics Junior Basketball

Ages: 8 through 15 years old

Practice starts 1st full week in Dec.

through the end of January.

State qualifiers practice through Feb.

Tournament dates to be announced.

Cost: \$40

Request registration at

enumclawspecialolympics@yahoo.com

Parents/Chaperones must stay at all

practices and tournaments. Check for more info at enumclawspecialolympics.com at the end of Oct.

Special Olympics Junior & Senior Gymnastics

Ages: 8 through 21 years old

Dates: Sept. - Dec.

Location: Peak Gymnastics

Dates, times and cost will be announced

at enumclawspecialolympics.com at the end of Aug.

For more information contact:

jennelle.m.murphy@gmail.com

Specialized Recreation Open Gym

Location: Peak Gymnastics

Dates: Sept 18, Oct 16, Nov 20, & Dec 18

Time: 5:30 - 7pm

Cost: Free

Ages: 18 and under, families and friends of a person with a disability are welcome to join us. Parent/Chaperone must stay on site and chaperone at all times.

Specialized Recreation Harvest Party

Carnival Games and Food

Ages: Family Event - All ages welcome.

Everyone must have a parent or chaperone.

Location: Hope Lutheran Church

Date: Sunday, Oct. 30th

Time: 6:00 - 7:30

Carnival Games: FREE

Food: Small cost per item

No registration required

Seafair Christmas Ship for people with disabilities and their families

Cruise Lake Union for over an hour. All the ships are decorated for Christmas and include snacks for everyone.

Tentative date: Sunday, Dec. 4th

All ages welcome

Watch for online registration in Nov.

Cost: FREE Families are welcome.

Registration is a must.

Transportation & Supervision

ages 18 and above \$20 each

Registration Required by Nov. 12th.

Specialized Rec. Enumclaw Parade and Christmas Party

Date: Dec. 3rd

Time & Location: TBA

Cost: FREE

All ages welcome.

More information available in Nov. Check

the Parks Dept. website online registration

This is a family event. Parents and

chaperones must be with child/junior at

all times. No registration necessary check

online for more information in November.

Enumclaw's Gallery 2016

Carolyn Burt, September

In September, Carolyn Burt, owner of the Proctor Art Gallery and excellent painter will present a selection of her works in Gallery 2016. Carolyn lives in Tacoma, WA and has been a classroom teacher, administrator, and painter. Carolyn Burt is active in the Tacoma arts community. Carolyn Burt experiments with great success in many media. Her exhibit is guaranteed to have something to please everyone.



William Davis, October

October brings back William Davis to Gallery 2016. William Davis has been an award winner in the Enumclaw GEMs Miniature Juried Art Exhibit and shows in a variety of galleries. He is a serious artist who paints regularly. William Davis has a representational style. His images are well crafted and always interesting. William Davis is a painter's painter, but he's also highly appreciated by the general public. This will be his second show at Enumclaw's City Hall Gallery. William Davis lives in Buckley, WA.



Wendy Winbeckler, November

Wendy Winbeckler brings new works to Gallery 2016 during the month of November. Wendy is working on a series of paintings from a stay in Hawaii. Her work is representational with a creative flair. Wendy is a resident of Covington, WA. Wendy Winbeckler paints a wide range of subject matter and is capable of many different approaches to successful paintings. Her works are expressive and colorful.



GEMs Miniature Juried Art Exhibit First Place Winner, December

The month of December is reserved for the winner of the 2016 GEMs Miniature Juried Art Exhibit. All of the paintings in the GEMs show are no larger than 12" x 12" including the frame. The juror, Marquita Hunt, will establish a series of cash award winners for the exhibit, and the First Prize winner will be invited to exhibit in Gallery 2016. The winner's show will not be restricted to miniatures and will show more of a variety of their artworks.

The fall art shows in Enumclaw's Gallery 2016 will bring a close to this year's gallery programming and open up the CALL TO ARTISTS, an opportunity for artists to present their work in Enumclaw during the 2017 schedule of exhibits. City Hall also have an entry way display case for small art items and would like to have artists submit work images and a request for that space as well. Interested artists should send requests to glaturner@ci.enumclaw.wa.us or call Gary LaTurner at 360-825-0239.

Call For Artists

Enumclaw Whistle-Stop Arts Fair 2017: Get on Board!



Calling all artists!! Make your first showing of the 2017 summer a road trip to the Enumclaw's Whistle-Stop Arts Fair on Railroad Street. Apply to sell your artwork in Enumclaw during the month of July. Reserve a 10' x 10' space at the Whistle-Stop event (first come basis.) Send a jpg sample of your work and an application request to glaturner@ci.enumclaw.wa.us. The Enumclaw Arts Commission will review all applications for acceptance. Accepted applicants will pay a non-refundable fee of \$100 for a booth space. Each artist is limited to two spaces, if available. No more

than two artists are allowed to share one booth with a \$175 booth fee.

On the drive to Enumclaw you'll pass some of Washington's most inspiring landscapes, beautiful farmlands and mountain views just waiting to become part of your next artwork. Come early and stay late, enjoy the beauty of Enumclaw. Visit the Enumclaw City website to find an overnight spot for a bed, a trailer, or a tent, www.cityofenumclaw.net.

Sponsors for the event include: City of Enumclaw, 4Culture of King County, Arts Alive Gallery, C.A.S.T., Enumclaw Chamber of Commerce and Spectrum Creative Alliance. For more information call Gary LaTurner at 206-769-9321.

Arts Commission Members

Samantha Rheinford, Chair, Elaine Lynest, Vice-Chair, Anne Crandall, Janet Berthon, Rhonda Boyd, Dan DeVreis, Patricia Doyle

Gallery 2016 is located in the Council Chambers at Enumclaw City Hall, 1339 Griffin Ave. Enumclaw, WA 98022. Hours for the exhibition space are 9:00 a.m. to 5:00 p.m. Monday through Friday. Enumclaw City Hall is closed on national holidays. The gallery is closed to the public on Tuesday of each week for municipal court proceedings. For more information, please call Enumclaw, Cultural Programs office at (360) 802-0239. Or, email glaturner@ci.enumclaw.wa.us

Enumclaw Gallery 2016 Information

The City's Parks, Recreation, and Cultural Services department will feature local artists in twelve exhibits at City Hall's Gallery 2016.

Gallery 2016 is located in the Council Chambers at Enumclaw City Hall, 1339 Griffin AVE Enumclaw, WA 98022. Hours for the exhibition space are 9:30 a.m. to 5:00 p.m. Monday through Friday, Enumclaw City Hall is closed on national holidays. The gallery is closed to the public on Tuesday of each week for municipal court proceedings.

For more information, please call 'Enumclaw, Cultural Services Office at (360) 802-0239. Or, email glaturner@ci.enumcalw.wa.us

Enumclaw Aquatic Center Daily Schedule - 9/6/16-6/18/17

TIME	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
5:30am to 7:30am	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	7:00 to 8:00am EHS Practice	POOL RENTAL ONLY
7:30am to 8:30am	Enumclaw Aquatic Center For more information please call 360-825-1188					Lap Swim & Water Walking 8am to 9am	POOL RENTAL ONLY
8:30am to 9:30am	Lap Swim & Shallow Water Exercise	Lap Swim & Shallow Water Exercise	Lap Swim & Shallow Water Exercise	Lap Swim & Shallow Water Exercise		9:00 to 10:00am Deep Water Exercise	POOL RENTAL ONLY
9:30am to 10:30am	M/W AM Swim Lessons 9:30am to 10:30am	T/TH AM Swim Lessons 9:30am to 11:30am	M/W AM Swim Lessons 9:30am to 10:30am	T/TH AM Swim Lessons 9:30am to 11:30am		9:00 to 11:00am Private & Group Swim Lessons	POOL RENTAL ONLY
	*Discount Swim is \$2.00 for residents and \$3.00 for non-residents.					Lap Swim **3 Lanes (4 to 6) 10am to 11am	POOL RENTAL ONLY
10:30am to 11:30am	*Discount Public Swim 10:30am to 11:30am	Deep Water Exercise 10am to 11am	*Discount Public Swim 10:30am to 11:30am	Deep Water Exercise 10:00 to 11:00am	*Discount Public Swim 10:30am-11:30 am	*Family Swim Shallow End & Lap Swim 11am to 12noon	POOL RENTAL ONLY
11:30am to 1:30pm	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking		
1:30pm to 2:30pm	Deep Water Exercise		Deep Water Exercise				
2:30pm to 4:30pm	EHS Swim & Water Polo Programs						
4:30pm to 6:30pm		Rainier Foothills Swim Team			RFST 4:30pm to 6pm		
4pm to 5pm	For More Information Visit: www.cityofenumclaw.net						
5:00pm to 7:00pm	M/W PM Swim Lessons	T/Th PM Swim Lessons	M/W PM Swim Lessons	T/Th PM Swim Lessons	5:00 to 6:00pm *Family Swim *Shallow End Only	5:00 to 6:00pm *Family Swim	POOL RENTAL ONLY
	*Circle Swim enforced during busy lap swims *Family Swim = under age 18 w/ parent in the water.						POOL RENTAL ONLY
6:30pm to 7:30pm	Lap Swim Lanes 4 to 6 6:30 to 7 Lanes 5 to 6 7 to 7:30	Discount Lap Swim **3 Lanes (4 to 6) 6:30 to 7pm	Lap Swim Lanes 4 to 6 6:30 to 7 Lanes 5 to 6 7 to 7:30	Discount Lap Swim **3 Lanes (4 to 6) 6:30 to 7pm	Public Swim 6pm to 7pm	Public Swim 6pm to 7pm	POOL RENTAL ONLY
7:00pm to 8:00pm	Deep Water Exercise	Public Swim	Deep Water Exercise	Public Swim	Public Swim	Public Swim	POOL RENTAL ONLY



SATURDAYS & SUNDAYS
12pm to 5pm 1hr Min Rental

POOL RENTALS
 Birthday Parties
 Team Parties
 Youth Groups
 Much, Much More!!

MOVIE NIGHT - EVERY THIRD FRIDAY OF MONTH- 6-8 PM
TEEN MOVIE NIGHT - EVERY THIRD SATURDAY OF MONTH-6-8 PM
WIBIT NIGHT - FIRST SATURDAY OF MONTH - 6-8 PM

Enumclaw Aquatic Center Fee Schedule

SINGLE ENTRY FEES

LAP/PUBLIC/FAMILY SWIM	Resident	Non-Res
Family (3-6 people)	\$13.00	\$16.00
Youth/Senior	\$4.00	\$5.00
Adult	\$5.00	\$6.00
Discount Swim/Shower	\$2.00	\$3.00
EXERCISE CLASS	Resident	Non-Res
Youth/Senior	\$5.00	\$6.00

10 VISIT FEES

LAP/PUBLIC/FAMILY SWIM	Resident	Non-Res
Youth/Senior	\$35.00	\$45.00
Adult	\$45.00	\$55.00
EXERCISE CLASS	Resident	Non-Res
Youth/Senior	\$45.00	\$55.00

ANNUAL SPLASH PASS FEES

Annual Splash Pass (including Tax) Includes all public/discount & Lap swim times			Annual Exercise Pass (including Tax) Includes all exercise classes and lap swim times		
MONTHLY	Resident	Non-Res	MONTHLY	Resident	Non-Res
Youth/Senior	\$35.00	\$45.00	Youth/Senior	\$40.00	\$50.00
Adult	\$45.00	\$55.00	Adult	\$90.00	\$110.00
Family	\$95.00	\$115.00			
ANNUAL	Resident	Non-Res	ANNUAL	Resident	Non-Res
Youth/Senior	\$150.00	\$200.00	Youth/Senior	\$260.00	\$310.00
Adult	\$200.00	\$250.00	Adult	\$310.00	\$360.00
Family	\$315.00	\$395.00			
PARTNERSHIP PASS Non-res. annual fee for access to resident prices			HOUSEHOLD= \$50	INDIVIDUAL= \$25	

LESSON FEES

GROUP LESSONS	Resident	Non-Res	Private Lessons fee's listed are per child per half hour	Resident	Non-Res
Preschool and Youth - 8 Lessons	\$52.00	\$60.00	Private Lessons	\$25.00	\$30.00
Parent Tot - 8 Lessons	\$40.00	\$48.00	Semi-Private Lessons	\$20.00	\$25.00

RENTAL FEES

POOL RENTAL (Per Hour Fee Only)	Resident	Non-Res
25 people or less	\$85.00	\$105.00
26-60 people	\$110.00	\$135.00
61-90 people	\$135.00	\$160.00
91-120 people	\$160.00	\$200.00
121-150 people	\$185.00	\$230.00
INFLATABLE RENTAL (Per Hour Fee Only)	Resident	Non-Res
Wibit-full toy	\$65.00	\$82.00
Wibit-slide w/ ramp	\$35.00	\$44.00
RENTAL GUARD (Per Hour Fee Only)	Resident	Non-Res
Facilitate games in water	\$25.00	\$25.00
PARTY AREA RENTAL (Per Hour Fee Only)	Resident	Non-Res
	\$11.00	\$13.00

RENTAL FEE SPECIALS

1 hour Rental Special (\$25 savings) Fee Includes: Pool (up to 25 people), Full Wibit, Party Area & Invitations		
<i>SPECIAL</i>	Resident	Non-Res
	\$150.00	\$185.00
2 hour Rental Special (\$75 savings) Fee Includes: Pool (up to 25 people), Full Wibit, Party Area & Invitations		
	Resident	Non-Res
<i>SPECIAL</i>	\$250.00	\$310.00
All program information is available online at: www.cityofenumclaw.net		

Enumclaw Aquatic Center | (360) 825-1188

420 Semanski Street South Enumclaw, WA 98022

The WIBIT is here!

It's time to INFLATE the FUN!



RENTAL INFORMATION

RENTAL FEE SPECIALS

1 Hour Rental Special (\$25 Saving)

Fee includes pool (up to 25 people) full WIBIT, party area and invitations

	Resident	Non-Resident
Special	\$150.00	\$185.00

2 Hour Rental Special (\$75 Saving)

Fee includes pool (up to 25 people) full WIBIT, party area and invitations

	Resident	Non-Resident
Special	\$250.00	\$310.00

All program information is available online at:
www.cityofenumclaw.net.

Call 360-825-1188 now to reserve space for YOUR party!

****The inflatable WIBIT will be in the water during all rentals on Saturday & Sunday. It must either be rented or be off-limits during the rental. The inflatable WIBIT is not available for weekday rentals.****

Wibit Splash Party

Free event for all!!
**Saturday September 10th
6pm-8pm**

It's a welcome back to school party for you!

Halloween Splash Party

Friday October 29th 6pm-8pm
\$5.50-Res & \$6.50 Non-res

It will be a spooktacular good time at the pool!!
Be ready for a spooky swim, treats for all & a spooky movie.

Thanksgiving Movie Madness

Friday Nov. 18th 6pm-8pm

\$5.50-Res & \$6.50 Non-res
Join the Thanksgiving fun with a movie double feature, treats for all and wibit fun!

Surfin Santa

Friday December 16th 6pm-8pm

\$5.50-Res & \$6.50 Non-res
Enjoy a holiday movie, wibit fun and a gift for all!

Wibit Saturdays

The Wibit is in the water the 1st Saturday of each month for evening public swim. Regular entry prices apply. 6-8pm.

Float-in Movie Night

Join the "float-in" fun here at the pool, 3rd Friday of each month. Featuring a different movie each month on our big screen! 6-8pm.
\$5.50-Res & \$6.50 Non-res.

TEEN Float-in Movie Night

Join the "float-in" fun here at the pool, 3rd Saturday of each month. Featuring a different movie each month on our big screen! 6-8pm.
\$5.50-Res & \$6.50 Non-res

SWIM LESSON FEES

(8-30 MINUTE LESSONS)

Group Fee (8 Lessons):

Preschool & Youth Resident \$52, Non-Res \$60

Parent/Tot Resident \$40, Non-Res \$48

PRIVATE LESSONS: (Per Child 30 Min Lessons)

Resident \$25, Non-Res \$30

SEMI-PRIVATE LESSONS:

(Per Child 30 Min Lessons)

Resident \$20, Non-Res \$25

Fall Swim Lessons

MONDAYS & WEDNESDAYS (4 WEEKS)

SESSION 1: September 7 - 28

• 7 lesson session (no lessons on Labor Day)

SESSION 2: October 3 - 26

SESSION 3: October 31 - November 23

SESSION 4: November 28 - December 21

Morning Lessons Scheduled 9:30am-10:30am

Evening Lessons Scheduled 5:00pm-7:00pm

TUESDAYS & THURSDAYS (4 WEEKS)

SESSION 1: September 6 - 29

SESSION 2: October 4 - 27

SESSION 3: November 1 - 22

• 7 lesson session (no lessons on Thanksgiving)

SESSION 4: November 29 - December 22

Morning Lessons Scheduled 9:30am-11:30am

Evening Lessons Scheduled 5:00pm-7:00pm

SATURDAY MORNINGS (8 WEEKS)

SESSION 1: September 10 - October 29

SESSION 2: November 5 - December 17

• 7 lesson session (no lessons on Christmas Eve)

Saturday Lessons Scheduled 9:00am-11:00am

SWIM LESSON DESCRIPTIONS

Parent & Tot (ages 6 months - 3 years)

This is a fun introduction to the water.

PRESCHOOL:

Level 1: Polliwogs (ages 3 - 6 years)

This level is for beginners. No previous experience is required.

Level 2: Tadpoles (ages 3 - 6 years)

Students will continue to work on floating and swimming short distances on their own.

Level 3: Guppies (ages 3 - 6 years)

The highest class for younger swimmers.

YOUTH:

Level 1: Starfish (ages 6 years and up)

This level is for beginners, no previous experience is required.

Level 2: Jellyfish (ages 6 years and up)

Students are now able to float by themselves and are comfortable swimming with their eyes in the water.

Level 3: Seahorses (ages 6 years and up)

Emphasis on front crawl with side breathing.

Level 4: Dolphins (ages 6 years and up)

This level moves to the deep end. Students continue to learn and improve strokes.

Level 5: Sharks (ages 6 years and up)

Students continue to work on technique for all strokes as well as endurance.

Level 6: Orcas (ages 6 years and up)

The last of the youth levels, students are prepared for lifetime fitness and competitive swimming and diving.

For more information on swim lesson levels please call (360) 825-1188

Inquire about our annual passes for the individual and family including lap swim, public swim and exercise classes.

FOR ADDITIONAL SWIMMING INFORMATION PLEASE CONTACT RFST.ORG

Cancellation policy: If lack of registration causes class cancellations and/ or postponements, participants will be notified by phone prior to the first class. If class is cancelled, participants have the option of requesting a 100% refund or transferring equal credit to another class/program. **Refund policy:** Refunds will be issued, less a \$5 handling fee, provided that the refund request is made prior to the registration deadline (if applicable) or one week prior to the start of the activity. Refunds less than \$25 will be issued a credit to be used within 6 months from the date of issue. Private Lessons must be canceled at least 24 hours prior to the lesson for a refund or credit to be issued. **No refunds will be issued for any reason once class begins.** If a request is made after the start of class credits will be issued for medical emergencies only. **Credits expire 6 months from the date of issue.** For all refunds participants will be mailed a check upon completion of processing, usually within 25 days from time of request.

SPECIAL EVENTS & PRESENTATIONS

Hours of operation:

Monday-Thursday 8:00 am-4:00 pm

Friday 7:00 am-12:00 pm

Senior Center Activity Center will be closed on following dates:

Monday, September 5th for Labor Day

Friday, November 11th for Veteran's Day

Thursday, November 24th and

Friday, November 25th for Thanksgiving

Monday, December 26th for Christmas Holiday

September

Happy Hour with Cynthia

Every Monday at 11:30 am

Evergreen Enumclaw Health & Rehabilitation Center offers mock cocktails during our social hour. Cynthia's famous concoctions are a wonderful treat!

Labor Day Observed

Monday, September 5th, 11:30 am

Labor Day is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. Although the Center will be closed on Monday, September 5th we pay tribute to you the American worker on Thursday with a "Match that Labor to Laborer" Game.

Birthday Celebration!

Tuesday, September 6th, 11:00 am

Join us for your Birthday month, play cake-a-seat game and win a treat. We will be serving ice cream, cake and music. A big "Thank You" goes out to Cascade Place Assisted Living, Living Court Assisted Living, and Enumclaw Health & Rehabilitation for their birthday donations.

Get-together Jam Session and Dancing

Every Wednesday, 9:30 am

You don't want to miss out on great music performed by various musicians from around the plateau. Everyone is welcome to sing, dance or play a musical instrument! Lunch is served at 11:45 am.

Cancer Survivors Celebration

Friday, September 9th, 1:00 pm

Join us on Friday, September 9th for our afternoon dessert social to celebrate cancer survivors and honor our loved ones who have fought a battle with cancer. Volunteers from the American Cancer Society will provide dessert along with coffee, tea, and punch. Cancer survivors will be honored with a purple "Survivor" t-shirt from the Relay For Life of Enumclaw. There will also be an opportunity to decorate a luminaria bag in memory of someone lost to cancer or in honor of a survivor. Bags will be distributed around the Senior Center to be enjoyed by all in attendance. We will also hear a story from a local cancer survivor about their experience. All are invited to join us! Free event.

Travelin' Four Band and Dancing

Tuesday, September 13th, 11:00 am

Get out your dancing shoes for some no-napping, toe-tapping, hand-clapping good time country music. Come early and stay for lunch.

Patriots and Remembrance Day

Thursday, September 15th, Music at 11:00 am

September 11th National Day of Service and Remembrance is a culmination effort started by 9/11 family members to establish a service day to honor the victims and heroes of 9/11. Mark Stern will be here to perform patriotic songs.

Respect our Elders Day

Thursday, September 22nd, 11:00 am

Honoring Enumclaw's Oldest Elder! Do you fall into this category? If you are the oldest elder in Enumclaw sign up and be honored here at senior center. Please call and make reservations. We will be serving hot berry pies served with ice cream for dessert.

1928 Band

Tuesday, September 27th, 11:00 am

Wonderful big band sound from two distinguished dudes and one fine lady. Join us before lunch for some dancing, singing or just listening. You're sure to have a great time.

Simply Soup

Thursday, September 29th, 5:30 pm

Simply Soup is held from 5:30 pm-6:30 pm at the Enumclaw Community Center, 1350 Cole Street. It's a place for Neighbors to meet Neighbors while enjoying a bowl of homemade soup, roll and cookie. It's a place to share stories and listen to music. It's a place where you bring your own bowl and spoon, because we're not doing the dishes!

October

Happy Hour with Cynthia

Every Monday at 11:30am

Evergreen Enumclaw Health & Rehabilitation Center offers mock cocktails during our social hour. Cynthia's famous concoctions are a wonderful treat!

Birthday Celebration!

Tuesday, October 4th, 11:00 am

Join us for your Birthday month, play cake-a-seat game and win a treat. We will be serving ice cream, cake and music. A big "Thank You" goes out to Cascade Place Assisted Living, Living Court Assisted Living, and Enumclaw Health & Rehabilitation for their birthday donations.

Get-together Jam Session and Dancing

Every Wednesday, 9:30 am

You don't want to miss out on great music performed by various musicians from around the plateau. Everyone is welcome to sing, dance or play a musical instrument! Lunch is served at 11:45 am.

Oktoberfest Celebration

Thursday, October 6th, 11:00 am

One of the world's largest folk festivals in Germany will be celebrated here at the Center with Bavarian style accordion music by Gary Hausam. Appetizer pretzels and root beer will be served during lunch.

Melody Makers Trio

Tuesday, October 25th, 11:00 am

Music through the ages with piano, bass and a wash board! It's a fun time and dancing too!

AARP Smart Driver Class Two Day Classes

Monday & Tuesday, October 10th & 11th, 8:30 am-12:30 pm

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of driver's remain safe on today's roads. You can expect to learn about current rules of the road, how to operate your vehicle safely in today's increasingly challenging driving environment, and some adjustments to common age-related changes in vision, hearing and reaction time. Call center to reserve your space. Cost: \$15.00 for AARP Members (Must bring card to class to get this price.) \$20.00 for non-AARP Members

Travelin' Four Band and Dancing

Tuesday, October 11th, 11:00 am

Get out your dancing shoes for some no-napping, toe-tapping, hand-clapping good time country music. Come early and stay for lunch.

Wear Pink Day

Thursday, October 20th, 11:00 am

Get in the pink – be beautiful, be bonkers, be brilliant. Thank you for wearing pink to support breast cancer research!

Bras for the Cause

Thursday, October 20th,

6:00 pm-8:00 pm

Held at The Claw,

1324 Roosevelt Ave. E, Enumclaw

This is an extraordinary event about the Awareness of Breast Cancer featuring a gallery of bejeweled bras that YOU vote on for "People's Choice Award" along with a raffle of fabulous items. There is a \$15.00 entrance fee that includes judged exhibition of decorated bras submitted by community artists, hors d'oeuvres created by Cornerstone Café. Unveil your creativity and submit a decorated bra. Entry forms and tickets are available at Enumclaw Senior Center, High Point Village Concepts. For information call Donna Elzenga 360.825.4741. The funds will support the mammogram screening project at St. Elizabeth which allows uninsured and under insured women in the plateau area to receive potentially lifesaving mammograms and follow up care.

Melody Makers Trio

Tuesday, October 25th, 11:00 am

Music through the ages with piano, bass and a wash board! It's a fun time and dancing too!

Halloween Party

Thursday, October 31st, 11:00 am

The day howls with excitement at this spook-tacular party for all ghouls and ghosts. Unearth some great entertainment by Community Blend and treats that awaits you at this ghastly bash. Join in and come in costume for our costume contest or just come as you are.

November

Birthday Celebration!

Tuesday, November 1st, 11:00 am

Join us for your Birthday month, play cake-a-seat game and win a treat. We will be serving ice cream, cake and music. A big "Thank You" goes out to Cascade Place Assisted Living, Living Court Assisted Living, and Enumclaw Health & Rehabilitation for their birthday donations.



Get-together Jam Session and Dancing

Every Wednesday, 9:30 am

You don't want to miss out on great music performed by various musicians from around the plateau. Everyone is welcome to sing, dance or play a musical instrument! Lunch is served at 11:45 am.

Happy Hour with Cynthia

Every Monday at 11:30am

Evergreen Enumclaw Health & Rehabilitation Center offers mock cocktails during our social hour. Cynthia's famous concoctions are a wonderful treat!

Travelin' Four Band and Dancing

Tuesday, November 8th, 11:00 am

Get out your dancing shoes for some napping, toe-tapping, hand-clapping good time country music. Come early and stay for lunch.

Veteran's Observation Day

Tuesday, November 10th, 11:00 am

In honor of our Veterans the Center will host a free lunch for all veterans and patriotic music by Mark Stern at 11:00 am. The senior center will be closed Friday, November 11th.

Thanksgiving Dinner

Wednesday, November 16th, 11:00 am

Thanksgiving is hosted by Enumclaw Rotary Club serving a traditional turkey dinner with all the fixings and music with Community Blend. Sign up at front desk to register for lunch. The senior center will be closed for Thanksgiving Holiday, Thursday & Friday, November 24th and 25th.

1928 Band

Tuesday, November 29th, 11:00 am

Wonderful big band sound from two distinguished dudes and one fine lady. Join us before lunch for some dancing, singing or just listening. You're sure to have a great time.

December

Happy Hour with Cynthia

Every Monday at 11:30am

Evergreen Enumclaw Health & Rehabilitation Center offers mock cocktails during our social hour. Cynthia's famous concoctions are a wonderful treat!

Enumclaw Garden Club Christmas Tree Decorating

Monday, December 5th, 10:00 am

Enumclaw Garden Club turns an evergreen tree into a magical wonder with hand crafted ornaments, twinkling lights and whimsical garland and starts our holiday season. Lite refreshments served.

Birthday Celebration!

Tuesday, December 6th, 11:00 am

Join us for your Birthday month, play cake-a-seat game and win a treat. We will be serving ice cream, cake and music. A big "Thank You" goes out to Cascade Place Assisted Living, Living Court Assisted Living, and Enumclaw Health & Rehabilitation for their birthday donations.

Get-together Jam Session and Dancing

Every Wednesday, 9:30 am

You don't want to miss out on great music performed by various musicians from around the plateau. Everyone is welcome to sing, dance or play a musical instrument! Lunch is served at 11:45 am.

Red Hatters Holiday Party

Wednesday, December 14th, 1:00 pm

Celebrate with the Sassy, Classy Lassies Red Hatters party theme to be announced. Beverages provided. Sign up in office.

Travelin' Four Band and Dancing

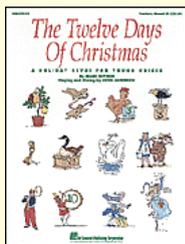
Tuesday, December 13th, 11:00 am

Get out your dancing shoes for some no-napping, toe-tapping, hand-clapping good time country music. Come early and stay for lunch.

Holiday Music with Mark Stern

Thursday, December 15th, 11:00 am

"Lords-a-leaping? Swans-a-swimming?" Join the gang as we celebrate the season in this delightful holiday sing-a-long, featuring an enjoyable mix of new and familiar Christmas songs along with a special seasonal treat.



Christmas Dinner

Wednesday, December 21st, 11:00 am

Jolly Santa Claus will make a special appearance to deliver candy canes during lunch and picture opportunity with the jolly fellow. The holidays are a special time of year and we invite you to spend the day enjoying beautiful Christmas music performed by Community Blend and a delicious holiday dinner served at 11:00 am by the Enumclaw Rotary Club. Lunch reservations and \$3.00 donation suggested.

New Year's Celebration

Thursday, December 29th, 11:00 am

Bringing in the New Year is a time to dress up in sparkly holiday attire and celebrate. Lively music by Community Blend with a noon count-down to bring in the New Year. Party hats, noise makers and sparkling cider complete the festivities. Lunch reservations and \$3.00 donation suggested.

Trips, Travel and Transportation

Senior Center Van Service

Hours of operation;

Monday 8:30am-1:30pm

Tuesday 8:30am-2:30pm

Wednesday 8:30am-1:30pm

Thursday 8:30am-2:30pm

No van service on Friday

This service is available to adults 55 and older to come into the Center for activities, presentations, medical appointments and/or lunch. Our van is wheelchair accessible. Information about the hours of operation, street boundaries, fees and rules are available by calling Trina at 825.1279.

High Point Village Van Service

Friday 10:00am for brunch at senior center

High Point Village volunteer van services bring seniors into senior center for brunch only. No other appointments scheduled. Call senior center and reserve a seat before 9:00 am.

Red Wind Casino Trip

Do you feel lucky? Once a month a trip is planned to Red Wind Casino and transportation is provided for a \$2.00 fee when you sign up. Stop into senior center for our monthly newsletter.

Local Shopping Trips

We provide shopping trips to Safeway, QFC, and Grocery Outlet on Tuesday and Thursday each week. There is a \$1.00 van fee paid to van driver day of service. The van leaves Center at 12:30pm after lunch for an hour of shopping. For more information call Trina at 825.4741.

Bonney Lake Shopping Trip

Get out and shop at Wal-Mart, Target or Fred Meyer and leave the driving to us. Did you know that we go shopping on the 2nd Wednesday of each month? The van leaves the center at 9:00 am and returns around 11:45 am-just in time for lunch at the Center. A \$3.00 van fee required when you sign up. Reserve a seat early!



Care Van

Free Transportation to Medical Appointments

Healthcare Transportation for the Plateau is provided by Enumclaw Regional Healthcare Foundation and services are available Monday-Friday, 9:00am-2:00pm. For scheduling information call 360.284.2444. Service areas are Enumclaw, Buckley, Bonney Lake, Wilkeson, Carbonado and Black Diamond.

Seattle Symphony at Benaroya Hall

The Enumclaw Senior Center is thrilled to share with you the 2016-2017 season programs. Experience the Drama, Joy and Passion of live music as Music Director Ludovic Morlot and the award-winning Seattle Symphony take you on an unforgettable journey through the heart of symphonic music. The 2016-2017 Concert Series now offers 5 concerts with an incredible roster of top quality artists. Roundtrip transportation from senior center included in price. Lunch is on your own. Price depends on seat selection-stop into the office for additional information.

Nutrition News

Daily Lunch Program

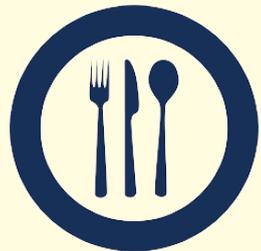
Catholic Community Services provides a nutritious lunch made from fresh ingredients prepared daily Monday-Friday in our kitchen by Chef Julie and her volunteers. Lunch is served at 11:45am Monday-Thursday and 11:00am on Friday. Our lunch menu is printed in our newsletter which is available at senior center. We ask for a suggested donation of \$3.00 for seniors 60 years of age and older and a charge of \$6.00 for those 59 and younger.

Frozen Meals

Sound Generation offers a variety of low fat, low sodium, vegetarian and meat dishes. They offer breakfast, lunch and dinner frozen meals to choose from and they are microwavable and come in their own serving dish. If you are an older adult 60+ and are homebound these meal might be right for you. Frozen meal orders are taken twice a month and delivered to senior center. Frozen meal suggested donation is \$5.00 per meal. Please make checks out to "Meals on Wheels" MOW, when picking up frozen meals. Application and list of Frozen Meals are available in office. If you have any questions please call center at 360.825.4741.

Neighbors Feeding Neighbors

Neighbors Feeding Neighbors will deliver a HOT, delicious, nutritious meal to your home on Monday, Wednesday and Friday and a cold, boxed lunch on Tuesday, Thursday and Saturday for a \$5.00 donation per meal paid to the delivery volunteer. This program eligibility is for older adults 60+. Delivery time varies between 4:30pm-5:30pm and you must be home to accept the meal. No meals will be left at the door if no one is at home. Application and menu available in office, call 360.825.4741.



Nutritional Liquid Supplements

Ensure comes in cases of 24 cans in a variety of flavors and nutritional supplements. Ensure orders are taken once a month on the 2nd and 4th Monday of each month and delivered on the following first Thursday of the following month. All orders must be in before 1:00pm. Ensure prices vary from \$24.00-\$36.00 per case. Please make checks out to "Meals on Wheels" MOW. Application and list of Ensure Liquid Supplements are available in office. If you have any questions please call center at 360.825.4741.

Frozen Meals

Sound Generation offers a variety of low fat, low sodium, vegetarian and meat dishes. They offer breakfast, lunch and dinner frozen meals to choose from and they are microwaveable and come in their own serving dish. If you are an older adult 60+ and homebound you are eligible for these meals. Frozen meal orders are taken twice a month on the 2nd and 4th Monday of each month. All orders must be in before 1:00pm. Frozen meal suggested donation is \$3.00 per meal. Please make checks out to "Meals on Wheels" MOW. Application and list of Frozen Meals are available in office. If you have any questions please call center at 360.825.4741.

Health and Wellness

AARP Smart Driver Class Two Day Classes

Monday & Tuesday, October 10th & 11th, 8:30 am-12:30 pm

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of driver's remain safe on today's roads. You can expect to learn about current rules of the road, how to operate your vehicle safely in today's increasingly challenging driving environment, and some adjustments to common age-related changes in vision, hearing and reaction time. Call center to reserve your space. Cost: \$15.00 for AARP Members (Must bring card to class to get this price.) \$20.00 for non-AARP Members

Blood Pressure and Glucose Clinic at 10:45am

**1st and 3rd Tuesday of every month
September 6th & September 20th
October 4th & 18th
November 1st & 15th
December 6th & 20th**

Do you know your blood pressure reading? High Point Village provides a Free blood pressure and Glucose Clinic here at the center on the first and third Tuesday of each month starting at 10:45am.

Computer Tutoring and Wi-Fi

Tuesdays and Fridays by appointment

Get assistance with surfing the internet, emailing, making documents, and help with personal laptops. There is no charge and you meet with a private instructor. Schedule a time slot today.



Diabetic Footwear-by appointment

Priority Footwear and Pedorthic Services offers on-site service as part of their Field Program. They offer on-site fitting and delivery services at no extra charge. Some insurance plans require a co-pay. If you would like to schedule this service or arrange for a meeting at the Senior Center please contact: Adrian Walsh CSC, Field Representative at 877.214.5782 or adrian@priorityfootwear.com

Haircuts by Char-by appointment

**1st Monday of every month
September 12th
October 3rd
November 7th
December 5th**

Do you need a trim or buzz cut? Haircuts are available the first Thursday of each month for a \$5.00 fee. Payment is made to Char day of your haircut. Haircuts are available between 9:00am-2:00pm by appointment only. Sign up in office.

Healthy Smiles Dental Cleaning-by appointment

**September 20th
October 18th & 25th
November 15th & 29th**

Healthy Smiles specializes in affordable Dental Hygiene services for seniors outside the dental office. We offer oral cancer screenings with each visit along with complete cleaning and fluoride treatment. We are here for you 2 times a month. Please sign up now at the Enumclaw Senior Activity Center office or call them at 360-825-4741. The cost of cleaning is \$70.00.

Karen's Foot Care-by Appt.

**2nd Thursday of each month and 3rd
Friday every other month
September 8th & 23rd
October 13th & 28th
November 10th
December 8th & 23rd**

Karen is our licensed and insured Pedicure Specialist. Her services include gentle foot care for seniors, clients with diabetes and those taking blood thinners. Price for pedicure is \$25.00 and incorporates removal of polish and warm water soak, inspection of nails and skin, clipping, filing of nails, cuticle treatment, exfoliation of calluses and therapeutic lotion massage.



Miracle Ear

**2nd Wednesday at 11:30 am
September 14th
November 9th**

Hearing isn't just about your ears. Today, more than 36 million Americans have some degree of hearing loss, putting them at risk for depression, anxiety, isolation, and even dementia. But the good news is that 9 out of 10 people with hearing loss can be helped with hearing aids. Stop into the center for a free hearing test or hearing aid cleaning at no charge to you.

Pilates/Yoga; Stretch, Tone, Fit and Flex

Tuesday and/or Thursday at 8:00 AM
Exercise is important for physical and mental wellness. Movement is done standing or seated in a chair – all ages and abilities welcome; modifications offered. Wear comfortable clothing, tennis shoes, and bring a hand towel. Cost is \$30.00 per month, \$50.00 for two months (discount), or \$4 drop-in.

SHIBA, Statewide Health Insurance Benefits Advisor

Schedule an appointment, call senior center 360.825.4741
Washington State's SHIBA provides free, unbiased and confidential help with Medicare and health care choices to people of all ages and backgrounds. The volunteer advisors are trained to give you the latest Medicare and health care coverage information.

Veterans' of Foreign Wars-by appointment

**Cindy Kartes, Claims Representative
253.205.5883 or
cindy.kartes.vfw@gmail.com**

These programs offer mutual respect, dignity, and acceptance, through innovative and collaborative services. King County Veterans' Program provides tools for positive life changes to veterans and their families with Financial Assistance, Mental Health Services, Employment Services, Short Term & Long Term Housing and Veterans' Incarcerated Project.

Free Dental Care for the Plateau Region

The mission of the Mobile Dental Program is to provide free dental care to low-income children and adults, the homeless and migrant workers who lack insurance or a realistic way to pay for treatment. Any adult or child in need of a dental check-up, fillings, and/or extractions. . . please call Laurel Bailey at 360.825.4586 to make an appointment. Funding for this program made possible by Enumclaw Regional Healthcare Foundation.

PARK	ACRES	OS	AMENITIES												
ANDERSON RIVERVIEW PARK MUD MT. ROAD	20	OS	Undeveloped Natural Area (not open to public at this time)												
BOISE CREEK PARK 1300 SE 469TH ST.	19.3	A													
CITY HALL 1339 GRIFFIN AVE.	1.0	P													
DWIGHT GARRETT PARK 2222 PORTER ST.	5.4	A													
ELLENSON PARK 2550 FARMAN ST.	2.6	A													
ENUMCLAW FOOTHILLS TRAIL 2309 WARNER AVE.		A													
ENUMCLAW GOLF COURSE 45220 288TH AVE SE	187.7	OS													
FARMERS PARK HIGHWAY 164	10	OS	Undeveloped Natural Area												
FELL HILL PARK SE 400TH ST.	14	OS	Undeveloped Natural Area												
FLENSTED PARK 750 FARRELLY ST.	2.5	A													
BRUCE GUENTHER PARK 911 BATTERSBY AVE.	.4	P													
MAHLER PARK 244TH AVE SE & SE 436TH ST	30	OS	Undeveloped Natural Area (trail access off of SE 436th Street)												
MARTIN JOHNSON PARK 3050 HARDING ST.	4.5	A													
MACFARLAND PARK 1401 CHINOOK AVE.	6.5	A													
MONTGOMERY PARK 1350 HARDING ST.	1.6	A													
RAINIER TRAILS PARK 3450 HAMILTON PL.	3.6	A													
SCOTT PARK 820 COLE ST.	.7	P													
ROTARY CENTENNIAL PARK 1070 GRIFFIN AVE.	.25	P													
TRIANGLE PARK 907 COLE ST.	.4	P													
VETERAN'S MEMORIAL PARK 1151 ROOSEVELT AVE.	1.6	P													

AMENITIES LEGEND		A Active	P Passive	OS Open Space	 Paved Trail
 Play Equipment	 Golf	 Picnic Tables	 Skate Park	 Picnic Shelter	 Open Field Space
 Public Restroom	 Basketball Court	 Baseball Field	 Soccer Field	 Tennis Courts	 Volleyball Courts

*All public restroom facilities except Boise Creek Park and City Hall are open April through September.

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES, PROGRAMS, ACTIVITIES, ETC.

(Unless otherwise noted)

- Use one registration form per person. Photocopies OK.
- Complete registration form in its entirety.
- Sign before mailing.
- If you reside outside of Enumclaw city limits, you must pay the second amount listed for each class.
- CORRECT fees are due at time of registration.
- No registrations taken at program/class sites.
- Make checks payable to City of Enumclaw.
- Programs are filled on a first-come, first-served basis, so register early to reserve a spot.
- Mail-in, walk-in, Internet or telephone registrations accepted.
- After hours, registrations can be put in an envelope marked 'Parks' and deposited in the drop-box behind City Hall, provided fees are enclosed and registration is complete.
- Returned checks will be assessed a \$25 charge.
- Include a self-addressed, stamped envelope (SASE) if requesting confirmation or receipt.
- If mailing your registration, your cancelled check will be your receipt unless an SASE is enclosed.
- If you provide an email address you will get a confirmation receipt.

No News is Good News

When registering for any activity, class, program or league through Enumclaw Parks and Recreation, don't wait by your phone or camp by your mailbox! The only time you will hear from us is if the date, time or location of your class has been changed, if the class has been cancelled or postponed for any reason, if you provide an email address you will get a confirmation receipt, if you have enclosed a self-addressed, stamped envelope with your registration form and fee requesting confirmation. So, if it's almost time for your class to begin and you haven't heard from us, consider it good news! Simply show up for the activity on the date and time, and at location specified.

Fee Reduction Program

We feel that all children should have the opportunity to enjoy a recreational experience, even if money is a major concern. Therefore, the City has established a Fee Reduction Program for youth. In hardship cases, please make a confidential contact to Parks Department staff. You may qualify to receive partial funding for one activity per quarter. Income verification must be provided at time of application.

Cancellation

If lack of registration causes class cancellations and/or postponements, participants will be notified by phone prior to the first class. If class is cancelled, participants have the option of requesting a 100% refund or transferring equal credit to another class/program.

Refunds/Credits

Refunds will be issued, less a \$5 handling charge, provided that the refund request is made prior to the registration deadline (if applicable) or the first day of class. If a request is made after the class begins, a credit will be issued in lieu of a cash refund. Credits will expire six (6) months from the date of issue. NO refunds will be issued for any reason once the class begins. For refunds or credits of any kind, participants will be mailed a check/credit voucher upon completion of processing, usually within 25 days from the time of request.

Resident Discount Fee

The City of Enumclaw recognizes that the purpose of Parks and Recreation is to provide for the recreational needs of the City of Enumclaw's residents. People living within Enumclaw's city limits support, through their city taxes, the City's parks and recreation services. Because of this, the City offers its residents a discount on selected recreational programs. People from outside the city limits are welcomed and encouraged to enjoy the activities and services that the City of Enumclaw provides. We are confident that our wide range of programs and our affordable fees will continue to appeal to all interests. The resident discount fee is the first fee listed under each class, program or activity.

MAIL-IN/FAX-IN REGISTRATION FORM

Mail To: City of Enumclaw, 1309 Myrtle Ave., Enumclaw, WA 98022

Fax To: (360) 825-7232

There will be no special requests. Please register by using this form for mail-in or walk-in.

One form per person. Be certain that form is completed in full. Registration will NOT be considered complete without signature! Correct resident/non-resident registration fee MUST accompany form. Please print clearly! The first course fee listed is the resident discount fee. Make checks payable to: CITY OF ENUMCLAW

Participant Name _____

Circle one: M F Age _____ Birthdate ____/____/____

Home Address _____ City _____ Zip _____

Mailing Address (if different) _____ City _____ Zip _____

Home Phone _____ Daytime Phone _____

Email _____

School Attending _____ Current Grade _____

Parent/Guardian Name (if participant is under 18) *Please Print*

T-Shirt Size: Adult Small Adult Med Adult Large Adult XL
 Youth Small Youth Med Youth Large

If you prefer not to receive this service, please check here:

Class/Program Name _____

Class/Program Name _____

Class/Program Name _____

1. Is there pertinent medical information that the program coordinator should know about participant?
 YES NO (if yes, attach note with information)
2. The City of Enumclaw DOES NOT provide medical or accidental insurance coverage. The participant is responsible. If participant is a minor, parent/guardian is responsible.
3. HOLD HARMLESS CLAUSE: I/we assume all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify, and hold harmless the City of Enumclaw for any claim arising out of any injury to myself or my/our minor child.
4. I grant the Enumclaw Parks and Recreation Department permission to photograph myself and/or my child/ward and use the photos in displays and promotional materials. This document shall serve as a release for myself, my child/ward and our heirs, estate successors and all members of our family. I have signed this release voluntarily, with full understanding, under penalty of perjury, under laws of the State of Washington.

Adult/Guardian Signature _____ Date _____





SPECIALIZED RECREATION

Come join the fun!

Bowling • Square Dancing • Music • Art
Basketball • Gymnastics • Harvest and Christmas Parties

See page 14 for details.

